

## How My Writing Journey on Survival and Adaptation Began

In March 2023, I realized that several members of my family and friends' households were living without genuinely being prepared for disruptions—whether manageable as a local power outage or more severe like supply chain breakdowns. The possibility of an SHTF (S\*\*\* Hits the Fan)- level event added another concern.

They started asking me many questions, and I found myself helping them think through what they needed to do to prepare— talking with them and providing them with specific PDFs to assist with their unique concerns. I began focusing on their homes and moved to their vehicles for on-the-road travel.

From there, things naturally expanded to include wilderness living and evolved into what you now see on this website.

Later in 2023, I shared the early drafts of my book with my family and friends. To my surprise, they passed it along to their families and friends. Seeing the positive reception and knowing it was helping others motivated me to keep going.

By the first quarter of 2024, I was deep into modifying content, editing the book, fine-tuning the layout, and polishing the graphics. The book was published in December.

In the second quarter of 2024, I paused the book for a while to shift some of my focus to proofreading and began laying the groundwork for a website. I wanted to reach a wider audience and create a space where people could engage in discussions—whether they were like-minded individuals or just beginning their journey toward understanding how to prepare, survive, and adapt to troubling times.

Toward the end of 2024, I started authoring articles for the website. These articles became another way for me to share insights, ideas, and practical advice with visitors, giving them more tools to adapt to an uncertain world.